

STORM DANCE ALLIANCE



MY

Heart

WILL GO ON

SPRING DANCE RECITAL



•CELEBRATING DANCE & LOVE•

STORM DANCE ALLIANCE SPRING 2023

TODDLER & PRESCHOOL CLASSES

Classes are for toddlers and preschool dancers ages 18 months to 4 years old. Classes are 30 to 45 minutes in length and dancers come to class independently (without parents). Classes meet once per week. Choose 1.

Recital Code:

NR- Non Recital

S1- Show 1 Friday, May 12th, 2023 at 6 p

S2- Show 2 Saturday, May 13th, 2023 at 10 a

S3- Saturday, May 13th, 2023 at 3 p

Bitty Ballet - 30 mins • Ages 1.5-3 years Bitty Ballet allows dancers to explore the world of dance. Plie, Chasse, Arabesque, & more!				
—	Tue 4:30-5:00p S3	Wed 5:30-6:00p S2	—	—
Princess Ballet - 30 mins • Ages 3-4 Ready to explore ballet at a more advanced level, all through a magical experience filled with imagination & education!				
Mon 4:30-5:15p S3	—	Wed 9:45-10:15a S2 5:30-6:00p S3	—	Sat
Royal Ballet with Jazz - 45 mins • Ages 3-4.5 Learn all of the ballet basics and jazz it up too! Lots of fun for little ones ready to expand on their dance knowledge in a class for those with some dance experience. We will incorporate stories of Prince and Princesses into our dancing and explore our imaginations through dance.				
Mon 4:30-5:15p S3	Tue 5:15-6:00p S3	—	—	Sat 9:00-9:45a S2
Tap N Tumble - 30 mins • Ages 3-4 A fantastic class for little ones who would like to explore the world of tap dance as well as basic tumbling!				
—	Tue 5:00-5:30p S2	Wed 9:15-9:45a S3	—	—
Hip Hop Tots - 30 mins • Ages 3-4 Sassy little ones will explore this fun and popular style of dance! Class will have them moving and grooving to fun and upbeat music!				
Mon 5:15-5:45p S1	—	—	Thu 5:15-5:45p S2	Sat 10:45-11:15a S3

PETITE CLASSES

Classes are for petite dancer's ages 4.5 to just under 7 years old.

<p>Ballet & Tap Combo - 45 min · Ages 4-6 Watch as your child begins to master the fundamentals of ballet, while also exploring the rhythm of Tap!</p>				
Mon 5:15-6:00p S1	—	Wed 4:30-5:15p S2	—	Sat 9:45-10:30a S3
<p>Ballet & Jazz Combo - 45 min Ready to explore ballet at a more advanced level, all through a magical experience filled with imagination & education!</p>				
—	Tues 5:15-6:00p S1	Wed 6:00-6:45p S2	Thu 4:30-5:15p S3	—
<p>Lights, Camera, ACT! - 45 min This is an Acting and Musical Theatre Dance Class for the aspiring actor or actress! We will combine acting techniques and improv with learning dance technique and musical routines! Class will include singing, dancing and acting for our up-and-coming TRIPLE THREATS!</p>				
—	—	—	—	Sat 10:30-11:15a S2
<p>Contemporary/Lyrical Petite Level - 45 min Dancers will explore movement, expression, and artistry during this class. A fusion between learning the technical elements of basic dance and exploring graceful movement styles and music. This class is sure to be a favorite for your little dancer.</p>				
—	—	Wed 6:00-6:45p S1	—	Sat 9:00-9:45a S3
<p>Acrobatics & Tumbling Petite Level - 45 min This is an entry level Acrobatics class. Dancers will work on perfecting cartwheels, backbends/kickovers, round offs, balance poses, scorpions, extensions, and flexibility poses.</p>				
—	Tue 6:30-7:15p S2	—	—	Sat 8:15-9:00a S1
<p>Stretch & Technique Petite Level - 45 min · Ages 4-6 This is a technique ONLY class for working on turns, leaps, extensions, strength, flexibility and more! Highly recommended as a core class for a future company member.</p>				
—	—	—	Thu 5:15-6:00p NR	—
<p>Tiny Divas & Lil Boyz Hip Hop - 45 min · Ages 4-6 Explore this popular and fun style of dance that will have your little ones moving and grooving to fun, upbeat music they're sure to love!</p>				
Mon 6:00-6:45p S1	—	—	Thu 5:15-6:00p S2	—

BALLET INSTRUCTIONAL CLASSES

Class will focus on basic ballet technique, proper body alignment, French terminology and musicality. Ballet Classes will be required to attend the Ballet Awards exam in May. Please see Ballet Awards page for details and dates. Exam fees will be collected with registration.

Ballet Junior Level 1 - 60 mins • Leotard color: Cerise				
—	Tue 5:30-6:30p S3	—	—	—
Ballet Junior Level 2 - 60 mins • Leotard color: Purple				
—	—	Wed 6:30-7:30p S1	Thu 6:30-7:30p S2	Sat 9:45-10:45a S3
Ballet Pre-Teen Level 1 - 60 mins • Leotard color: Mint Green				
—	Tue 6:30-7:30p S1	—	—	—
Ballet Pre-Teen Level 2 - 90 mins • Leotard color: Pre-Professional Leotard *See Desk				
Mon 4:30-6:00p NR	—	Wed 4:30-6:00p S3	Thu 4:30-6:00p NR	—
Ballet for High School Instructional Dancers/Dance Team - 60 mins • Leotard color: Red				
—	Tue 5:30-6:30p S1	—	Thu 7:30-8:30p NR	—
Ballet Teen Advanced - 90 mins • Leotard color: Eggplant				
—	—	Wed 6:00-7:30p S3	—	—
Ballet Senior Advanced - 90 mins • Leotard color: Pre-Professional Leotard *See Desk				
Mon 7:30-9:00p NR	—	Wed 7:30-9:00p S1	Thu 7:30-9:00p NR	—
PBT Class - 45 mins				
Sat 10:00-10:45a - Teen Senior Progressive Ballet Technique NR 10:45-11:30 Junior/Preteen NR				

POINTE INSTRUCTIONAL CLASSES

Sur la pointe work is a very serious step in ballet training. Students are expected to be very dedicated and disciplined. All students enrolled in pointe must also be enrolled in ballet at least once a week at Storm Dance Alliance.

<p>Pointe Preparation 1 - 30 minutes · Ages 8-14 · Ballet uniform or black leotard Class focuses on a foot strength-building program designed for pointe readiness. To decrease possible risk of injury, the following pointe class will be introduced only to the girls who show adequate physical strength, accurate technique and necessary mental awareness for such a challenging endeavor.</p>				
Mon 4:00-4:30p NR	—	Wed 7:45-8:15p NR	—	Sat 8:15-8:45a NR
<p>Pointe Preparation 2 - 45 mins · Ages 8-14 · Ballet uniform or black leotard This class is for transition to beginning pointe. Students will do 25-20 minutes of pointe prep strengthening exercises and then 20 minutes of basic pointe barre/alignment work.</p>				
—	—	—	—	Sat 8:15-9:00a NR
<p>Pointe Beginning - 30 minutes · Ages 11-18 Class will focus on strength and proper alignment. Exercises will be introduced in order to make the transition into more time and difficulty in pointe shoes a smooth one. Students will learn and practice pointe barre work with emphasis on individual's correct foot and body alignment as well as study of the proper techniques for the execution of steps.</p>				
Mon 4:00-4:30p NR	—	Wed 7:45-8:15p NR	—	
<p>Pointe Intermediate / Advanced 1 - 30 minutes · Ages 11-18 Class will focus on Relevé exercises as well as focus on ballet barre exercises. Students will learn and practice pointe barre work with emphasis on individual's correct foot and body alignment as well as study of the proper techniques for the execution of steps.</p>				
—	—	—	—	Sat 10:45-11:30a NR
<p>Pointe Advanced 2 - 45 minutes · Ages 13-18 Our Advanced Pointe classes are recommended for experienced students that have completed 3 or more years of pointe work. For experienced dancers, pointe technique is an essential skill in classical training. Advanced pointe students will also learn and analyze classical pointe variations from famous ballet repertoire.</p>				
—	—	—	—	Sat 11:30-12:15p NR

JAZZ INSTRUCTIONAL CLASSES

Students will focus on learning proper dance technique such as isolations of the body and performance quality. Class has various styles of jazz such as Broadway, Street and Contemporary to help develop a well-rounded dancer.

Jazz Junior Level 1 - 45 mins				
Mon 6:30-7:15p S3	—	Wed 6:45-7:30p S1	—	—
Jazz Junior Level 2 - 60 mins				
—	Tue 5:30-6:30p S1	—	—	—
Jazz Pre-Teen Level 1 - 45 mins				
—	—	Wed 6:00-6:45p S3	—	—
Jazz Senior Advanced - 60 mins				
—	—	Wed 6:00-7:00p S3	—	—

CONTEMPORARY & LYRICAL INSTRUCTIONAL CLASSES

Lyrical is a style of dance that uses the emotion and mood of the music to elicit movements. Students have a warm up focusing on core strength, flexibility, and movement of the back. The class includes progressions & center combinations.

Contemporary/Lyrical Petite Level - 45 min				
Dancers will explore movement, expression, and artistry during this class. A fusion between learning the technical elements of basic dance and exploring graceful movement styles and music... this class is sure to be a favorite for your little dancer.				
—	—	Wed 6:00-6:45p S1	—	Sat 9:00-9:45a S3
Contemporary/Lyrical Junior- 45 mins				
—	Tue 6:15-7:00p S1	—	—	—
Contemporary/Lyrical Pre-Teen Level - 45 mins				
—	Tue 7:45-8:30p S3	—	—	—
Contemporary/Lyrical Senior Advanced Level - 60 mins				
—	—	—	Thu 6:30-7:30p S2	—

TAP INSTRUCTIONAL CLASSES

Tap is a style involving rhythm, dynamics, and varying sounds. Tappers will have a graduated warm-up to loosen their ankles and knees for proper execution of skills, across the floor progressions and have center floor work to learn new skills.

Tap Junior Beginning - 45 mins				
—	—	—	—	Sat 10:45-11:30a S2
Tap II - 45 mins				
—	—	Wed 5:45-6:30p S3	—	—
Tap III - 45 mins				
—	—	Wed 6:30-7:15p S1	—	—
Tap IV - 45 mins				
—	—	Wed 7:30-8:15p S2	—	—
Tap V - 45 mins				
—	—	Wed 5:00-5:45p S1	—	—
Adult Tap - 45 mins · Ages 18 and up				
—	—	Wed 8:15-9:00p NR	—	—

HIP HOP INSTRUCTIONAL CLASSES

Hip Hop classes combine street dance with funk and jazz, similar to what you would see on TV. Students will learn the importance of isolations and dynamics to execute pop-and-lock movements.

Tiny Divas & Lil Boyz Hip Hop - 45 min · Ages 4-6 Explore this popular and fun style of dance that will have your little ones moving and grooving to fun, upbeat music they're sure to love!				
Mon 6:00-6:45p S1	—	—	Thu 5:15-6:00p S2	—
Boys ONLY Hip Hop NINJAS - 45 min · Ages 4-7 This class is for DUDES only! Come train with us and perfect your Ninja Skills. We will be learning hip hop, breakdancing, tumbling, and there will be ninja obstacle courses and a foam sword battle each week to practice your ninja skills with your friends!				
Mon 4:30-5:15p S3	—	—	—	Sat 10:00-10:45 S1
Hip Hop Junior 1 - 45 minutes · Ages 7-10				
Mon 5:45-6:30p S3	—	—	—	Sat 11:15-12:00p S1
Hip Hop Junior 2 - 45 minutes · Ages 8-12				
—	Tue 6:45-7:30p S1	Wed 5:15-6:00p S2	—	—
Hip Hop Pre-Teen 1 - 60 mins				
—	—	Wed 6:00-7:00p S3	—	—
Hip Hop Pre-Teen 2 - 60 mins · Ages 9-12				
—	—	Wed 6:45-7:30p S3	Thu 7:30-8:15p S1	—
Hip Hop Teen Advanced - 60 mins				
—	—	Wed 7:00-8:00p S1	—	—
Hip Hop Senior Advanced - 60 mins				
—	—	—	Thu 5:30-6:30p S3	—

STRETCH & TECHNIQUE CLASSES

Looking to improve the technical portion of your dancing? This class focuses on strength, flexibility, and of course, technique! Leaps, turns, jumps, etc. No choreography is taught in this class. The results are amazing!

Stretch & Technique Petite Level - 45 min · Ages 4-6				
—	—	—	Thu 5:15-6:00p NR	—
Stretch & Technique Pre-Teen Level - 45 mins				
—	Tue 7:30-8:30p NR	—		—
Stretch & Technique Junior Intermediate - 45 mins				
		Wed 7:30-8:15p NR		
Stretch & Technique High School Dance Team - 60 mins				
—	Tue 7:30-8:30p NR	—	—	—
Stretch & Technique Senior Advanced - 105 mins				
Mon 6:30-7:30p NR	—	—	—	—

ACRO INSTRUCTIONAL CLASSES

Acro teaches strength, flexibility, and tumbling. Gymnastics skills include but are not limited to walkovers, limbers, handsprings, cartwheels/round offs, handstands, and more.

Acrobatics & Tumbling Petite Level - 45 min				
This is an entry level Acrobatics class. Dancers will work on perfecting cartwheels, backbends/ kickovers, round offs, balance poses, scorpions, extensions, and flexibility poses.				
—	Tue 6:30-7:15p	—	—	Sat 8:15-9:00a S1
Acrobatics Beginning - 45 mins				
—	—	—	—	Sat 8:15-9:00a S1
Acrobatics Intermediate - 60 mins				
—	—	—	—	Sat 11:30-12:30p S1
Acrobatics Advanced Level - 60 mins				
—	—	—	—	Sat 9:00-10:00a S1

ACTING, SINGING, AND MUSICAL THEATRE CLASSES

Dancers will work on acting and improv technique and learn basic singing fundamentals, vocal warm-ups, and audition preparation. At the end of the session, they will have put together a musical review for our spring recital.

Acting, Singing, and Musical Theatre Preteen/Teen				
—	—	—	—	Sat 9:00-10:00a S1
Acting, Singing, and Musical Theatre Senior				
—	—	—	—	Sat 10:45-11:30a S1

Spring Pricing

	<u>Pay in Full</u>	<u>Monthly Payments</u>	
Preschool Classes			
30 min preschool	211.68	5 payments	43.59
45 min pre school	261.28	5 payments	53.81
<hr/>			
Petite and Up Classes			
30 min 1x week	240.29	5 payments	49.55
45 min 1x week	322.47	5 payments	66.42
60 min 1x week	409.28	5 payments	84.30
60 min 2x week	714.42	5 payments	147.16
60 min 3x week	997.09	5 payments	205.39
75 min 1x week	496.12	5 payments	102.19
75 min 2x week	906.40	5 payments	186.71
75 min 3x week	1081.54	5 payments	222.78
90 min 1x week	595.35	5 payments	122.64
90 min 2x week	1002.16	5 payments	206.44
90 min 3x week	1296.54	5 payments	267.07
105 min 1x week	694.57	5 payments	143.07
105 min 2x week	1091.47	5 payments	224.83
105 min 3x week	1389.15	5 payments	286.13
120 min 1x week	833.49	5 payments	171.69
120 min 2x week	1289.92	5 payments	265.63
120 min 3x week	2381.40	5 payments	490.56

Additional Fees

Recital Fee: \$25

Optional Recital Shirt: \$25

Costume Fee

\$90 per costume with no tights (Acro, Lyrical / Contemporary, Hip Hop)

\$100 per costume with tights included (Ballet, Pointe, Jazz, Tap, Preschool & Kindergarten) Tiny Divas and Hip Hop Tots